



You Said...We Did

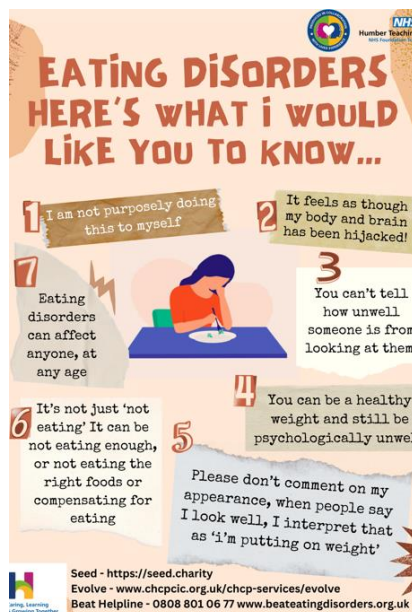
Breaking stigma and improving support for those experiencing an Eating Disorder

Date 21/11/23

You Said.... There is a lack of empathy and understanding around eating disorders outside of specialist eating disorder services

We Did:

- We co-produced a leaflet to share key messages that those experiencing an eating disorder would like health and care professionals to know, to break stigma and to improve experiences of care for those with an Eating Disorder. The leaflet was shared with staff, external partner organisations and with the public via social media.
- A case study was also shared to promote the lived experiences of a patient who was experiencing an eating disorder who accessed support through the family therapy team.
- Links to training to improve knowledge and understanding of Eating Disorders was also shared among staff.



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Chief Executive, Michele Moran